



Prowess Course Booking Info – Private Course

Thank you for your interest in Prowess Courses and Coach Education workshops. Below is information specifically related to Private Courses. These courses involve the client finding the participants directly and being billed directly.

The course details

First things first, let's cover the course details. The available workshops/courses are:

BMC	FUNDamentals 1 Workshop FUNDamentals 2 Workshop FUNDamentals 3 Workshop Physical Training 1 Workshop Coaching Children Workshop
Mountain Training	Bouldering Wall Instructor – Training Bouldering Wall Instructor – Assessment
Prowess Courses	Teaching Outdoor Bouldering Workshop Climbing for All: Adaptive Coaching Coaching Workshops (see here , 3 workshops per day)

Workshops are 1 day each, typically starting at **10:00am** and finishing at roughly **5:00pm**. These times are **flexible** and can be moved earlier or later to suit you, as long as they last a **minimum of 7 hours**. It is possible to cut the day into two half-sessions of 3 ½ hours each. However all participants must attend both sessions in order to attain an attendance tick and this is only available in North Wales. Courses can be held **at any indoor climbing wall** of your choice, with prior arrangement.

The workshops are a mix of classroom and practical, although there is no obligation to climb if you choose not to. Please note that this means we will **need access to a classroom space**. All participants will need to bring the following:

- Climbing Shoes
- Chalk Bag
- Harness
- Belay Device
- Note Taking Equipment

Please also feel free to bring any supplementary equipment, including literature, warm up aids, teaching aids, etc. although these are not required. Note that we will break for lunch so participants may wish to bring food with them.

All participants will need to be a registered member of the climbing wall, so please make sure everyone attending is registered beforehand or arrives in time to do so before the start of the course. Please note that **wall entry is not included** and where



relevant, this will need to be covered by the client. Many walls offer a **cheaper group rate** so again, where relevant, please get in touch to discuss this further.

How to Book

Prices are **£350 per day** plus **£15 per participant**, plus **expenses**. Expenses include such costs as travel (calculated at 45p per mile), accommodation for travel and classroom booking fee. However, Prowess will try and bring expenses costs as low as possible and expenses should be calculated prior to the course commencing.

Each workshop can run **between 2 and 10 participants**. For private courses, these are usually members of the same staff team, although they needn't be. However please do not advertise places on social media. If you wish to invite freelance staff, local climbers or otherwise, that is fine but please do not openly advertise cut-price spaces, as this can undervalue the workshops and irritate other providers.

For BMC courses, all participants will need to **register with Mountain Training** in order to attend, which is free. To register, please click the link [here](#). Prowess will need a register of those attending, including MTID numbers and a template can be sent in advance. For the BWI courses, registration for the course and membership of the BMC are required in addition to the training costs, for each person. To register for BWI, click [here](#). Prowess specific courses do not require any registrations.

Payment is required to confirm booking on the course and this is best done by bank transfer. For private courses, this is usually done via invoice. Please confirm details for invoicing (company name, address and email) at the earliest opportunity.

After the Course

On completion of each day, you will receive any relevant resources related to the course in question. Typically, this will include a link to a page on the website where you will find some of the following:

- Course Slides
- Course Notes
- Resources seen on the day
- Links to articles online pertinent to the day
- Drills pages from the Prowess site relevant to the day

Please note that not all of the above is available for every course but anything that is will be sent to you on completion. Where there is only one point of contact, any after-course resources will be sent direct to them. For any enquiries on after-course resources, please email prowessclimbingcoaching@gmail.com

Cancellation Policy

Circumstances change, things come up and occasionally courses are cancelled. It's understandable. If this happens, the sooner you can let me know, the better. If you let me know **two weeks before the course/workshop** then no invoice will be issued to you. If you let me know **between two weeks and one week before the course/workshop** an invoice will be issued for 50% of the day rate, with no charge for participant fees or expenses. If you let me know **less than one week before the**



course/workshop then an invoice will be issued for the full day rate, with no charge for participant fees or expenses. If the course is **cancelled by Prowess, no invoice will be issued or a full refund will be given** if the invoice has already been paid.

You will be contacted near the time of the workshop with further information regarding the course and a reminder of the information above. There will be a medical form to complete close to the beginning of the course. In the meantime, if you have any queries, questions, quandaries or qualms (or synonyms beginning with Q), please get in touch.

Cheers

Pete Edwards

Prowess Climbing Coaching

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